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# Chapter 1 Healthy People 2020 Test Bank

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### **Chapter 1 Healthy People 2020**

The Healthy People  
2020 goal is to reduce  
the death rate by  
increasing the  
proportion of schools  
that provide  
comprehensive health  
education in order to  
prevent health  
problems related to

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injuries, violence, suicides, tobacco and drug use, unintentional pregnancy, STDs, and unhealthy diets and activity lifestyles.

### **Chapter 1: Healthy People 2020**

#### **Flashcards | Quizlet**

Start studying Chapter

1 - Healthy People

2020. Learn

vocabulary, terms, and

more with flashcards,

games, and other

study tools.

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**Chapter 1 - Healthy  
People 2020  
Flashcards | Quizlet**

One initiative of  
Healthy People 2020 is  
to increase the  
proportion of infants  
who are breastfed.

**Chapter 1: Healthy  
People 2020 and  
Initiatives for  
Healthy ...**

Start studying Healthy  
people 2020 chapter 1.  
Learn vocabulary,

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terms, and more with  
flashcards, games, and  
other study tools.

**Healthy people 2020  
chapter 1 Flashcards  
| Quizlet**

The Healthy People  
2020 (HP2020)  
framework mirrors the  
evolution of public  
health science with  
goals and objectives  
that go well beyond the  
goals originally set  
forth in the 1979  
report. Figure I-1

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provides a summary of the evolution of the Healthy People goals and objectives over the past four decades.

### **Healthy People 2020 Mid-Course Review**

ANS: C One of the goals of Healthy People 2020 is to increase the number of persons graduating from high school so that they have a better education basis on which to make healthy



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lifestyle choices.

You've reached the end  
of your free preview.

**1 - Chapter 1  
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...

1-2 HEALTHY PEOPLE  
2020 MIDCOURSE  
REVIEW Goal: Improve  
access to  
comprehensive, quality  
health care services.  
This chapter includes  
objectives that monitor  
persons with health

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insurance, a primary care provider and source of primary care, and those unable to obtain needed medical care. The . Reader's Guide provides a step-by-step explanation

### **Access to Health Services (AHS)**

Home » 2020 Topics & Objectives » 2020 Topics and Objectives – Objectives A-Z. Topics & Objectives . Select a topic area from the list

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below to get started. ...

Whenever possible, objectives and data include a link to the related information in Healthy People 2010.

### **2020 Topics and Objectives - Healthy People 2020**

Check out our interactive infographics to track the Nation's progress toward Healthy People 2020 targets. LHI

Infographics The

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Leading Health Indicators (LHIs) are high-priority health issues that serve as measures of the Nation's health.

### **Healthy People 2020**

Healthy People 2020 (HP2020) tracks approximately 1,300 objectives organized into 42 topic areas, each of which represents an important public health area. In addition,

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HP2020 contains the Leading Health Indicators, a small focused set of 12 topics containing 26 objectives identified to communicate and move action on high-priority health issues.

### **Healthy People - Healthy People 2020 - Centers for Disease**

...

Start studying Chapter 1 and 2 Nutrition.

Learn vocabulary,

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terms, and more with flashcards, games, and other study tools. ...

(27) reduce the risk of chronic diseases by consuming a healthy diet. According to the main nutrition-related goal of Healthy People 2020, Americans should \_\_\_\_\_.

Antioxidants. A substance that can protect a person's ...

## **Chapter 1 and 2 Nutrition Flashcards**

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| **Quizlet**

Healthy intake: Healthy eating patterns include fat-free and low-fat (1%) dairy, including milk, yogurt, cheese, or fortified soy beverages (commonly known as “soymilk”). Soy beverages fortified with calcium, vitamin A, and vitamin D, are included as part of the dairy group because they are similar to milk based on nutrient composition and ...

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**Chapter 1 Key  
Elements of Healthy  
Eating Patterns**

A Roadmap to the  
2015-2020 Edition of  
the Dietary Guidelines  
for Americans; Chapter  
1. Key Elements of  
Healthy Eating Patterns  
Introduction; About  
This Chapter; Key  
Recommendations:  
Components of Healthy  
Eating Patterns;  
Healthy Eating  
Patterns: Dietary



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## Chapter 1 Healthy

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Principles; The Science Behind Healthy Eating Patterns; A Closer Look Inside Healthy Eating Patterns

### **About Chapter 1 - 2015-2020 Dietary Guidelines | health.gov**

Overarching Goals for Healthy People 2020 1) Eliminate preventable disease, disability, injury, and premature death. 2) Achieve health equity and

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eliminate health disparities. 3) Create social and physical environments that promote good health for all. 4) Promote healthy development and healthy behaviors at every stage of life.

### **THE SECRETARY S A C NATIONAL HEALTH ... - Healthy People 2020**

Chapter 1 Key  
Elements of Healthy  
Eating Patterns Print

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this section

Introduction. Over the course of any given day, week, or year, individuals consume foods and beverages [1] in combination—an eating pattern. An eating pattern is more than the sum of its parts; it represents the totality of what individuals habitually eat and drink, and these dietary components act synergistically in ...

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### **Chapter 1**

#### **Introduction - 2015-2020 Dietary Guidelines ...**

Step 1 of 3 “ Healthy people 2020 ” is the national health agenda for the current decade. Its goals continue the tradition of earlier healthy people agenda’s initiatives and counsel for the improvements in the health of all people.

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**List the overarching goals for the Healthy People 2020**

...

One initiative of Healthy People 2020 is to increase the proportion of infants who are breastfed.

What is the maternity nurse's primary role in helping to meet this initiative? 1) All nurses should become lactation consultants.

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**Healthy People 2020  
and Initiatives ...**

Chapter 1 Healthy  
People 2020 General 1)  
Attaining high-quality,  
longer lives, free of  
preventable disease,  
disability, injury, &  
premature death. 2)  
Achieving health  
equity, eliminating  
disparities, & improve  
health in all groups. 3)  
Creating social &  
physical environments  
that promote good  
health for all.

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**Maternity exam**  
**#1.pdf - Chapter 1**  
**Healthy People 2020**

...

Describe the model for  
the nation's health as  
proposed by Healthy  
People 2020. Step-by-  
step solution: Chapter:  
CH1 CH2 CH3 CH4 CH5  
CH6 CH7 CH8 CH9  
CH10 CH11 CH12 CH13  
CH14 Problem: 1CTE  
1LO 1MCQ 2CTE 2LO  
2MCQ 3LO 3MCQ 4LO  
4MCQ 5LO 5MCQ 6LO

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6MCQ 7MCQ 8MCQ  
9MCQ 10MCQ 11MCQ  
12MCQ

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